



Update 20 March 2020

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This weekly newsletter will contain information for residents of Easton and Lawrence Hill about local support, opportunities to help and messages from local organisations during the coronavirus (CORVID-19) outbreak.
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HELPING EACH OTHER

Can Do Bristol

Can Do Bristol is a digital platform supporting community action - connecting up "doers" all across Bristol. For local residents wanting to make a difference and organisations with volunteer opportunities and people power to offer. The Community Resources Team is coordinating a city-wide volunteering programme and you can sign up to help. Register at candobristol.co.uk today to join the growing Can Do Community. Give, Live, Love Bristol.

ACORN Coronavirus Community Support

ACORN Community Union is also coordinating a fantastic response. Coronavirus Community Support is organising local volunteers to support people in the community who need shopping, prescription collection, post and anything else they may need if they are stuck at home. If you need help, or want to volunteer get in touch. <https://acorntheunion.org.uk/corona/>

BS5 Community Care (Covid-19 Mutual Aid)

An informal group for the BS5 Community to rally around, show solidarity and support those that need it in our neighbourhood. People offering help, you can sign up to help via Facebook, search [BS5 Community Care \(Covid-19 Mutual Aid\)](#)

The Dings

There is a Dings WhatsApp group for anyone wanting to help vulnerable residents during this crisis. We are aiming to offer support and distribute essential items to those who cannot get them themselves. Contact Melissa if you can help or know someone in the area that needs help melissa@upourstreet.org.uk

REQUESTS FOR DONATIONS, VOLUNTEERS OR SUPPORT

FareShare South West

The food redistribution charity is in urgent need of support as they respond to the COVID-19 pandemic. They are currently planning emergency action to get food on a large scale to the most vulnerable in our city - from the isolated elderly to families living on the breadline, to homeless people facing closure of all support services.

They are in URGENT NEED of support in the following ways:

- Low risk volunteers (ideally aged 20-40, in good health and no COVID-19 symptoms).
- Donations to provide an emergency food supply to the extremely vulnerable in our community.
- Connections to local food companies.

faresharesouthwest.org.uk/coronavirus-emergency-fund/

Donations of baby items - Wellspring Settlement

If you have any spare, grown out of, disposable or clean cloth nappies, formula milk or baby food, please bring it to: Community Inclusion Office, Barton Hill Settlement, BS5 0AX. Look out for the 'donations of baby items poster' and arrows by the entrance opposite yellow bricks. Knock on the window and leave of the step to minimise contact. If you want to help to support local people please call 0117 955 6971 or send a message on Facebook.

Nappy donations - Project Mama

Project Mama, a local charity supporting refugee and migrant mothers are in desperate need of nappy donations. Getting nappies is getting harder and harder, mamas are running low and many can't get out. If anyone can donate nappies; sizes 1-4, new and unopened are needed. Please get in contact Project Mama via Facebook.

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Barton Hill flats - Wellspring Settlement

If you are worried about someone in the flats and you think they need help or support please contact the Barton Hill Settlement and they will do what they can to help. If you want to help to support local people please call 0117 955 6971 or send a message on Facebook.

Baggator Nexus

Baggator is repurposing The Pickle Factory [13 All Hallows Road, BS5 0RP] to support neighbours in the face of COVID-19. Services are moving into the following pockets; food production for vulnerable/isolated/ill neighbours, supplies distribution, communications hub and remote youth and community work.

We need volunteers with the following skills; food handling, youth work, ICT, logistics, emergency planning. If you can help email: office@baggator.com

MESSAGES FROM LOCAL ORGANISATIONS

Bristol Waste

Refuse collection will continue as normal. Please keep yourself and the collection crews safe by following advice shared by Public Health England and DEFRA in relation to personal coronavirus waste, such as used tissues and disposable cleaning cloths. These items should be double-bagged, tied and securely and kept separate from other waste for 72 hours, before being placed in your black wheelie bin.

Bristol City Council

For the latest updates from Bristol City Council check their website. There you will find all the latest advice from central government and the NHS. www.bristol.gov.uk

SARI

SARI (and Bristol Hate Crime & Discrimination Services) will continue to be there for any victim of hate crime from the Avon and Somerset area. They will be adapting some of their services to minimise face to face contact and be conducting case openings, client meetings and agency meetings online – by phone, video call and e-mail. At the

moment they are trying to ensure every necessary meeting goes ahead via phone conference or video conference rather than cancelling it – especially where it benefits clients. If you experience or witness hate crime and want to report it or need advice contact SARI here www.sariweb.org.uk

Bristol Food Cycle

Vulnerable people rely on the weekly meal served from Barton Hill Settlement every Saturday. Food Cycle are doing everything they can to keep their service running but this has meant that they have had to make some changes in the way that they operate. A takeaway service will operate from Barton Hill Settlement on Saturdays where you can collect a meal from 1.30pm.

BCfm Radio

BCfm are aiming to bring us as near to normal a live schedule. Their priority is to remain an essential useful community asset for Bristol. BCfm want to help publicise your community support initiatives and also do what they can at this difficult time. So if you either need help or are providing help please contact them via WhatsApp on 07503 725 345 or email news@bcfmradio.com and they will do their best to help. Of course you can listen regularly to their updates and local information on 93.2fm, online, on DAB or via the BCfm Radio free app.

Voscur

Voscur have lots of new resources for groups or organisation's delivering coronavirus response; including guidance on working with volunteers, supporting vulnerable people, and data protection. They are heartened to see how Bristol, North Somerset and South Gloucestershire has responded to the coronavirus outbreak, and want to make sure that every community action is as safe and responsible as possible, for the sake of volunteers, staff, and the people being helped. www.voscur.org/services/support/resources

Co-exist Community Kitchen

The community kitchen will turn their energy from cookery classes to an emergency response kitchen where they will be organising to prepare food and package it ready to be delivered to the people who most need it in this very tricky time.

Email becky@upourstreet.org.uk, if have an ask of the community, need help or want to share your community action.

0333 023 5460
(calls charged at local rate)

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updates



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